

## Welcome To NHPPA

*The New Hampshire Pastoral Psychotherapists Association welcomes mental health professionals from a wide range of disciplines who are interested in spiritually integrated psychotherapy, training, and education. NHPPA provides a place for clinicians to deepen their knowledge and connect with like-minded peers in a supportive, welcoming professional environment.*

*We understand that demand for spiritually based counseling has never been higher.*

### Consider:

- *96% of the population say they believe in a spiritual realm*
- *79% of Americans believe that faith can speed recovery from illness*
- *77% of patients feel their physician should consider their spiritual needs*
- *58% of Americans wish to experience spiritual growth*

**NHPPA can help you prepare to best meet these needs.**

Membership and licensing requirements for Pastoral Psychotherapists. (Mhp 303.01)

### ***Licensure shall have completed one of the following sets of requirements***

#### ***Concentration in Theological Studies***

licensure by Concentration in Theological Studies shall:

Have met the standards for Fellow as defined by RSA 330-A:17 or have met the standards as defined by New Hampshire Pastoral Psychotherapists Association;

Hold the following degrees:

A baccalaureate degree from a regionally accredited college or university;

A Master of Divinity degree from a school of theology accredited by the American Association of Theological Schools or have met the theological body of knowledge as defined by the New Hampshire Pastoral Psychotherapists Association; and a doctoral degree in pastoral psychotherapy or psychology and clinical studies based on a program the content of which was primarily psychology, pastoral counseling or psychotherapy and clinical studies, or its equivalent in both subject matter and extent of training; and

Hold active membership in a denomination or faith group through ordination, consecration, endorsement or equivalent means to exercise specific religious leadership and services within and on behalf of the denomination or faith group.

Maintain active membership in the New Hampshire Pastoral Psychotherapists Association.

#### ***licensure by Multidisciplinary Concentration***

All applicants for licensure by Multidisciplinary Concentration shall:

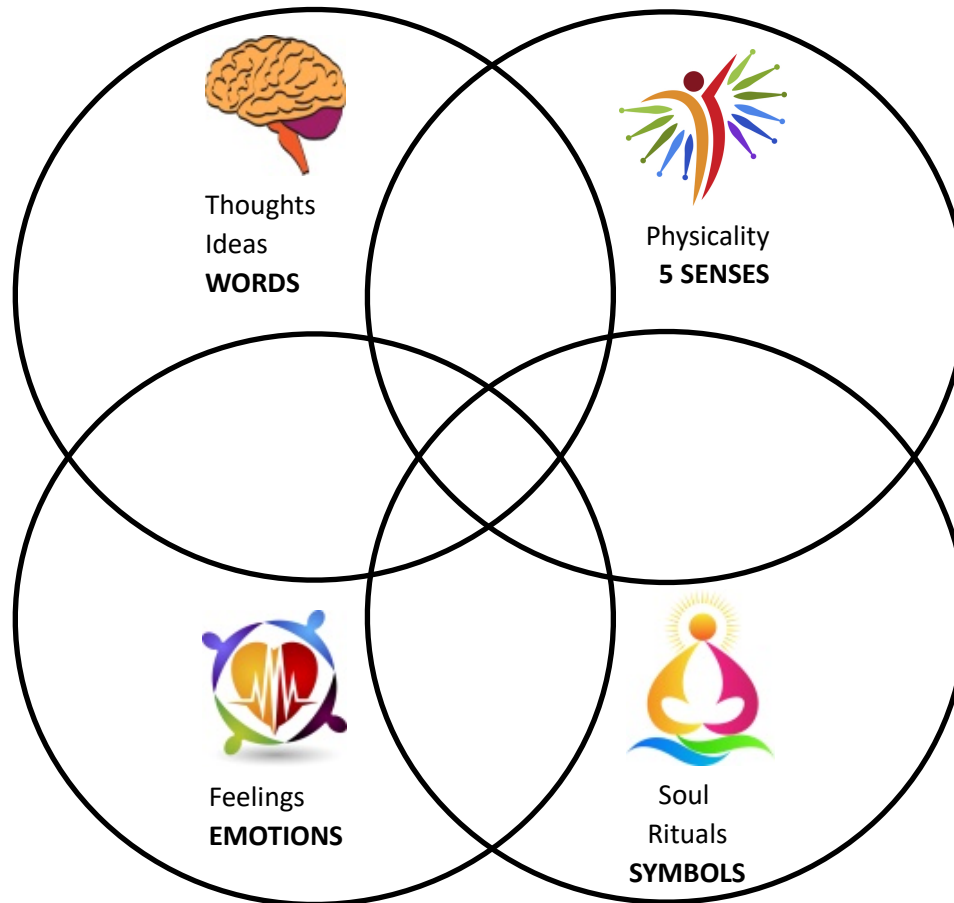
1. Hold a current active license recognized by the NH Board of Mental Health Practice or NH Board of Psychologists;
2. Complete the course of study as defined as "Multidisciplinary Core Body of Knowledge" by RSA 303.02-13
3. Maintain active membership in the New Hampshire Pastoral Psychotherapists Association.

## New Hampshire Pastoral Psychotherapist Association

*The community of New Hampshire licensed mental health professionals dedicated to assessing clients' spiritual and religious belief systems and needs in the context of a unique therapeutic process that aligns with the client's realities*



## Spiritual Integrated Psychotherapy: The Bio Psycho Social Spiritual Model of Wholeness



Kenneth I. Pargament defines Spiritually Integrated Psychotherapy as: a therapeutic approach based on findings in psychotherapy research and the psychology of religion. Essentially, it is the practice of purposefully assessing clients' spiritual/religious belief systems and worldviews in the context of psychotherapy, while integrating spiritually oriented interventions. A spiritually integrated approach can work with clients from any religion or spiritual orientation. They can use their connection to spirit, whether that means connecting to a traditional view of "god," "the universe" or another higher power they believe in—to help them grow and heal. This approach allows clients from all religions or forms of spirituality to access those resources that will reduce emotional pain and trauma. The therapeutic perspective of the therapist honors the spiritual perspective of clients to assess problems and find solutions. It encourages them to draw on all clinical and spiritual resources to achieve an integrated sense of their true selves expressed in a happy fulfilled life.